

# COVID AND YOUR VOYAGE WITH MST

*Everyone at the Morning Star Trust is really excited to be able to cautiously begin some of our sail training voyages again. This document will explain what we will be doing to keep everyone safe onboard, and what we will expect from you.*

## Testing

You will need to complete a lateral flow test before your voyage starts. This is the same test that you may have taken at school or work. You can get free lateral flow tests from your school, by ordering them online, or by collecting them from your local authority.

You should complete the lateral flow test in the morning of your voyage before you join us, and you will need to bring proof of your negative test result with you.

If you are onboard for more than five days, you must bring additional tests with you for every additional period of five days that you are onboard.

## What if I test positive?

If your lateral flow test is positive before you leave home and join the boat, please do not travel to the boat as you will not be able to join the voyage.

Contact the office or the boat phone as soon as possible and we will be able to advise on the best course of action.

## Do I need to bring anything additional with me?

You will need to bring at least two masks or face coverings that will cover your mouth and nose. If you are able to bring a small bottle of hand sanitizer to keep in your pocket, that would be helpful.

Make sure to bring everything on the kit list, especially a pillow case.

## What have you done to make sure the boat is safe for us?

The boat will be thoroughly disinfected and ventilated after the end of each voyage and will then be left empty for a period. Before the next voyage, the boat will be disinfected and ventilated again.

All shared equipment, such as lifejackets and waterproofs, will be thoroughly cleaned and disinfected after use.

## How might life onboard be different?

One of our main priorities has been ensuring that your voyage experience is as unaffected by Covid-19 as possible.

Everyone onboard will need to wash their hands regularly and keep the boat extremely clean. The sea staff may ask you to wear a face covering at certain times, or have your temperature taken.

You will also find that there are fewer opportunities to go ashore and explore. You will need to take your face covering and wear it in marina facilities such as toilets and showers, and wash/sanitise your hands before getting back on the boat.

### **Will we need to socially distance onboard?**

Due to the nature of life on a sailing vessel, it would be impossible for everyone to be more than two metres apart at all times. Depending on the circumstances our staff will manage this with hand washing, the use of face coverings and other measures.

### **What if I get ill during the voyage or soon afterwards?**

If you begin to show symptoms of Covid-19 during your voyage, we will isolate you in one part of the boat until you can go home. Depending on the circumstances we may need to finish the voyage early for everyone. If this happens, we will rearrange your voyage for another date.

Everyone on the boat must ensure that their emergency contact is able to pick them up at any time during the voyage.

If you develop any symptoms of Covid-19 within 3 days of the end of the voyage, you should let us know as soon as possible.

*We hope this document helps to reassure and inform you about what we will do to keep you safe during your voyage.*

*If you have any other questions, please do not hesitate to email us on [info@mst.org.uk](mailto:info@mst.org.uk) or call 01243 908026.*